

Maureen Elias is a U.S. Army veteran, military spouse, advocate, storyteller, and proud mom of three.

She served for more than five years as an Army counterintelligence agent, including an assignment in Germany following the September 11 attacks. She is also a service-connected disabled veteran and the spouse of a retired Army soldier, giving her a personal understanding of military life from several perspectives.

Maureen currently serves as Deputy Director of Government Affairs for Veterans at Wounded Warrior Project, where she leads efforts to advance public policy for wounded, ill, and injured veterans and their families. Her career has included senior roles at the Department of Veterans Affairs, on the House Committee on Veterans' Affairs, and within the nonprofit sector.

In addition to her policy work, Maureen is an accomplished storyteller and storytelling instructor with the Armed Services Arts Partnership. Since 2020, she has helped veterans, service members, and military family members develop and share their stories. She has performed at venues including the Kennedy Center and the White House.

Maureen uses storytelling as both an art form and a leadership tool, drawing on authenticity, humor, and vulnerability to help audiences connect with the people behind an issue.