

Kate Germano - Bio

Dedicated to helping others live the Marine Corps maxim, “Know yourself and seek self-improvement,” Kate is a retired military officer with broad experience as a leadership coach and interpersonal communications and conflict management trainer.

After a tumultuous experience leading the Marines Corps’ all-women 4th Recruit Training Battalion, some spectacular results, and a very public firing, Kate left the military and embarked on a journey of self-reflection. Following her military retirement, her thirst to learn how to better communicate with and lead people led her back to school to study the neuroscience of leadership and change, conflict, and emotional intelligence.

She is well known nationally as the author of *Fight Like A Girl - The Truth Behind How Female Marines Are Trained*, co-written by Kelly Kennedy, and has been a featured speaker on leadership, organizational dynamics, and gender issues for Allstate, the FDIC, Société General, PayPal, Merck, among other notable organizations. Kate holds leadership coaching certifications through the NeuroLeadership Institute and the International Coaching Federation.